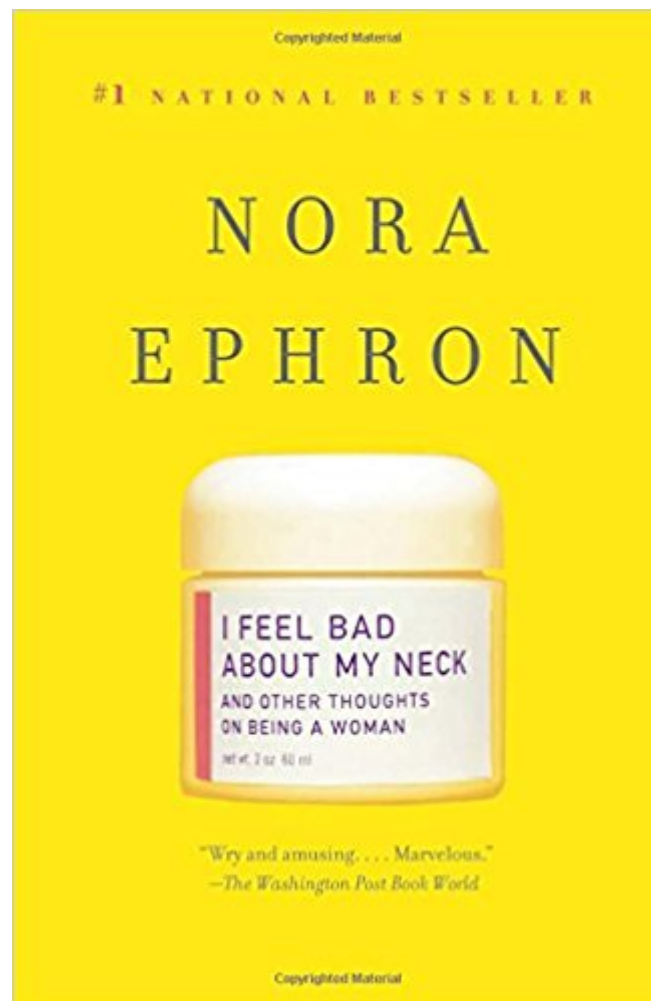




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# I Feel Bad About My Neck: And Other Thoughts On Being A Woman



## Synopsis

With her disarming, intimate, completely accessible voice, and dry sense of humor, Nora Ephron shares with us her ups and downs in *I Feel Bad About My Neck*, a candid, hilarious look at women who are getting older and dealing with the tribulations of maintenance, menopause, empty nests, and life itself. Ephron chronicles her life as an obsessed cook, passionate city dweller, and hapless parent. But mostly she speaks frankly and uproariously about life as a woman of a certain age. Utterly courageous, uproariously funny, and unexpectedly moving in its truth telling, *I Feel Bad About My Neck* is a scrumptious, irresistible treat of a book, full of truths, laugh out loud moments that will appeal to readers of all ages.

## Book Information

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## Customer Reviews

Ephron's eclectic essays about life as an older woman certainly provide humor and insight into the lives of sexagenarians who have spent most of their lives as city girls. She both mocks and embraces the lifestyle she has maintained over the past decades. Whether she is waxing poetic about the rituals of everyday life, her love-hate relationship with purses, her affinity for celebrity chefs or her obsession over her apartment, Ephron delivers this audiobook in the spirited tone of one who is at peace with the life she has lived. Her gentle comedic delivery of punch lines will evoke smiles in listeners. While her sincerity at times clashes with her sarcasm, causing the listener to pause and determine what she meant, she still produces moments where her positive energy summons up a picture of her smiling as she reads into the microphone. Ephron's writing style lends weight to these brief trysts into the personal and worldly, strange and mundane aspects of her life.

But mostly, her voice evokes the image of a serene and wise woman providing her insights.

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Nora Ephron, best known for her screenplays *When Harry Met Sally*, *Sleepless in Seattle*, and *Silkwood* and best sellers *Heartburn* and *Crazy Salad*, has written a sort of Ephron retrospective. Though humorously self-deprecating and poignant, critics agree that the essays, some published previously, are uneven. Readers may love "I Hate My Purse"; unless they find it outdated. Other essays came off as vain, stale, or elitist in their carefree attitude toward luxury items. Only "Considering the Alternative" received uniform praise for its generous introspection. Despite the collection's lightweight feel, Ephron still writes "like someone who has something useful and important to tell her readers" (Los Angeles Times). "When your children are teenagers," for example, "it's important to have a dog so that someone in the house is happy to see you." Copyright © 2004 Phillips & Nelson Media, Inc. --This text refers to an out of print or unavailable edition of this title.

I recently saw the excellent HBO documentary *Nora Ephron's Son* made in the quest to know his late mother better and I became intrigued by the person behind the movies. She's such a dynamic person but her writing is very modest - she never lets on she has been so incredibly successful. A different type of Erma Bombeck who was my mentor in the early years of my marriage and child rearing. I highly recommend the book...if I hadn't gotten anything from the book (and I got lots) I'd joke and say at least she's saved me a lot of money as I will not be buying the latest anti-aging cream in a futile attempt to turn back the clock. She made it very clear that this whole idea is a pipe dream...and she said it with such wonderful wit.

Ephron nails it in a way that makes me laugh. Growing old is "not for sissies" as an old actor once said. Ephron tells all, the sad, the embarrassing, and the hilarious, with wisdom and expertise. One wonderful plus (a lagniappe, as the Cajuns call it) is a chapter which describes her favorite books. I'm working my way through her list. Ephron's personal insight into her own condition as well as the human condition, imbues every page. When I read, at the very end of the Kindle version, that she passed away many years ago, I grieved.

I am a huge Nora Ephron fan from a screen writer perspective. I was so curious to know the woman

behind the scenes so I Googled, books to read before you turn age 35, and I found a great article that listed 31 books. Nora Ephron "I Feel Bad About My Neck" was number #3 on the list. I am so happy I bought it. I never laughed so hard. I too also live in New York, and it just put everything in perspective for me. A lot of life lessons learned, it felt like my auntie giving me advice on how to survive in NY, and to not take the small stuff so seriously and live life invincibly. I'm 34 years old, and it will be my birthday soon. I feel like I've already lived 35 in this book!

I am a huge fan of "When Harry Met Sally". That was the first time I have ever heard of Nora Ephron. Then one day on Oprah, I watched an interview with her and she was talking about a book she just wrote called "I Feel Bad About My Neck" and I just absolutely fell in love with Nora Ephron. She was so charming talking to Oprah, like a couple of old girlfriends, and I longed to be in her world. I eventually got a hold of this book as an audiobook, and when I had to go down to the DMV to renew my license, it made the time go by so much faster. I chuckled out loud so many times while in line, I think people wanted me dead for having any sort of fun at the DMV. But at the same time, Ephron managed to make me cry. And by the time I had to take my picture, I had to fix my makeup. If you enjoy a book that makes you laugh, then makes you think, without a lot of foul language or words you have to go look up, this is a great book for you.

I didn't remember purchasing this book & started reading it one night having no idea what it was about. By chapter 2 I had to stop so I could look to see who the author was. I was literally laughing out loud every chapter of this book. I want to tell Nora Ephron my life story (mostly just the last 3 years - enough for a lifetime) and have her put it in words so that one day my daughter can read it and laugh rather than cry. That's what Nora does, she makes even the saddest things somehow funny & endearing. I loved this book!!

Nora Ephron has got to be the most vain woman on earth. This book was depressing to read, nothing humorous in my opinion. Her writings remind me of Joan Rivers and I found nothing to like about her either.

I love Nora's laid back and humorous style. You can really hear her speaking in her works. If you love her movies, "When Harry Met Sally" and "You've Got Mail", you'll love this book! I can't wait to read the others!

This was not a fun book to read. Good luck to the some that may really enjoy the author's type of script.

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